

SPA 8-South Bay	
PROGRAM / ORGANIZATION	DESCRIPTION
County Parks	
Alondra Community Regional Park 3850 West Manhattan Beach Boulevard Lawndale, CA 90260 (310) 217- 8366	Aerobics, Children's Play Areas, Gymnasium, Lighted Baseball / Softball Fields, Swimming Pool, Volleyball Court
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033386.asp&Title=Alondratarget=_blank	
Bodger Park 14900 South Yukon Avenue Hawthorne, CA 90250 (310) 217-8376	Baseball, Karate class, Youth Basketball, Community Garden, Multi- purpose Field
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033391.asp&Title=Bodgertarget=_blank	
Del Aire Park 12601 South Isis Avenue Hawthorne, CA 90251 (323) 643-4976	Tennis Courts, Baseball/softball field, Children's Play Area, Gymnasium, Outdoor lighted basketball court
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033396.asp&Title=Del%20Airetarget=_blank	
Deane Dana Friendship Community Regional Park & Nature Center 1805 W. 9th Street San Pedro, CA 90732 (310) 519-6115	Bird Walks Hiking
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033271.asp&Title=Deane%20Dana%20Friendship%20Parktarget=_blank	
Helen Keller Park 1045 West 126th Street Los Angeles, CA 90044 (323) 241-6702	Basketball Court, Children's Play Area, Multipurpose Field, Softball / Baseball Field with Lights, Swimming Pool
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033403.asp&Title=Kellertarget=_blank	
Lennox Park 10828 South Condon Avenue Lennox, CA 90304 (310) 419-6712	Senior Meals Program, Children's Play Areas, Lighted Baseball / Softball Field, Lighted Basketball Court, Multipurpose Field, Swimming Pool
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033407.asp&Title=Lennoxtarget=_blank	

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Santa Catalina Interpretive Center 1202 Avalon Canyon Road Avalon, CA 90704 (310) 510-0954	Hiking, Bird watching
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033382.asp&Title=Santa%20Catalina%20Island%20Interpretive%20target=blank	
Victoria Community Regional Park 419 East 192nd Street Carson, CA 90746 (310) 217-8370	Year-Round Swimming Programs, 50-meter Heated Swimming Pool, Children's Play Area, Cricket Field, El Camino Recreation District Office, Gymnasium, Lighted Ball Diamonds, Lighted Outdoor Basketball Courts, Lighted Tennis Courts, Multipurpose Field
http://lacountyparks.org/Parkinfo.asp?URL=cms1_033422.asp&Title=Victoriatarget=blank	
City Parks and Recreation-Carson	
Carriage Crest Park 23800 S. Figueroa St. Carson, CA 90745 (310) 830-5601	Lighted multi-purpose game court, one lighted ball diamond, a multi-purpose room, play area
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
Carson Community Center 3 Civic Plaza Carson, CA 90745 (310) 835-0212	
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
Carson Park & Pool 21411 S. Orrick St. Carson, CA 90745 (310) 830-4925	Lighted ball diamonds, a swimming pool, play area, two multi-purpose game courts, restroom / snack-bar building, multi-purpose building,
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
Del Amo Park 703 E. Del Amo Blvd. Carson, CA 90745 (310) 329-7717	lighted basketball courts, two multi-purpose rooms, two lighted ball diamonds, a play area, picnic area
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	

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Dolphin Park 21205 S. Water St. Carson, CA 90745 (310) 549-4560	Two lighted ball diamonds, two multi-purpose rooms, a play area, a wading pool, two lighted tennis courts, one multi-purpose game court,
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
Dominguez Park 21330 Santa Fe Ave. Carson, CA 90810 (310) 549-3962	Two lighted ball diamonds, two multi-purpose rooms, a play area, a wading pool, two lighted tennis courts, one multi-purpose game court, and jogging path
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
Dr. Thomas G. Mills Memorial Park 1340 E. Dimondale Dr. Carson, CA 90746 (310) 631-3130	Two multi-purpose rooms, two play areas, a wading pool, picnic area
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
Friendship Mini Park 21930 S. Water St. Carson, CA 90745	Sand play area, play apparatus,
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
James Anderson, Jr. Memorial Park 19101 S. Wilmington Ave. Carson, CA 90746 (310) 603-9850	lighted multi-purpose game courts, four lighted tennis courts, Frisbee golf course, picnic areas, play area, a multi-purpose building, wading pool / amphitheater, equipment building
http://ci.carson.ca.us/content/departments/pub_service/parks_rec_parks.asp	
John D. Calas, Sr. Park 1000 E. 220th St. Carson, CA 90745 (310) 518-3565	two lighted tennis courts, one lighted multi-purpose game court, one lighted ball diamond, two multi-purpose rooms, play area, par course

http://ci.carson.ca.us/content/department/pub_service/parks_rec_parks.asp

Scott Park & Pool 23410 Catskill Ave. Carson, CA 90745 (310) 830-8310	lighted ball diamonds, swimming pool, gymnasium, play area, two multi-purpose rooms, two lighted tennis courts, one unlighted multi-purpose game court
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http://ci.carson.ca.us/content/department/pub_service/parks_rec_parks.asp

Stevenoson Park 17400 Lysander Dr. Carson, CA 90746 (310) 631-2252	Two lighted ball diamonds, two lighted tennis courts, a wading pool, two play areas, a multi-purpose building, two multi-purpose game courts
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http://ci.carson.ca.us/content/department/pub_service/parks_rec_parks.asp

Veterans Park/SportsComplex 22400 Moneta Ave. Carson, CA 90745 (310) 830-9991	Two multi-purpose rooms, a play area, picnic area, skate park, two lighted tennis courts,
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http://ci.carson.ca.us/content/department/pub_service/parks_rec_parks.asp

Walnut Street Park 440 E. Walnut St. Carson, CA 90746	Walnut Street Mini-Park is a 1.5 acres facility with play apparatus and two athletic game courts.
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http://ci.carson.ca.us/content/department/pub_service/parks_rec_parks.asp

City Parks and Recreation-El Segundo	
El Segundo Parks and Recreation 401 Sheldon St. El Segundo, CA 90245 (310) 524-2700	Tennis court, soccer, gymnastics

http://www.elsegundo.org/depts/recreation/parks_n_facilities/default.asp

Hilltop Park 801 E. Grand Ave. El Segundo, CA 90245	Playground, Pool
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http://www.elsegundo.org/depts/recreation/parks_n_facilities/default.asp

Library Park 101 W. Mariposa Ave. El Segundo, CA 90245	Playground
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http://www.elsegundo.org/depts/recreation/parks_n_facilities/default.asp	
City Parks and Recreation-Gardena	
Bell Park 14708 S. Halldale Ave. Gardena, CA (310) 217-9557	Baseball, handball, and basketball
http://ci.gardena.ca.us/facilities.html	
Freeman Park 2100 W. 154th Place Gardena, CA (310) 217-9558	Baseball, table tennis, football, and tennis
http://ci.gardena.ca.us/facilities.html	
Mas Fukai Park 15800 S. Brighton Ave. Gardena, CA (310) 217-9561	Basketball, handball, baseball, and play equipment
http://ci.gardena.ca.us/facilities.html	
Nakaoka Community Center 1670 West 162nd Street Gardena, CA (310) 217-9537	Recreation swim
http://ci.gardena.ca.us/facilities.html	
Primm Memorial Pool 1650 W. 160th Street. Gardena, CA (310) 217-9559	Lap and recreation swim
http://ci.gardena.ca.us/facilities.html	
Rowley Park 13220 S. Van Ness Ave. Gardena, CA (310) 217-9562	Basketball, baseball, handball, and football
http://ci.gardena.ca.us/facilities.html	
Rush Memorial Gymnasium 1650 West 162nd Street Gardena, CA (310) 217-9598	Basketball, volleyball, and gymnastics
http://ci.gardena.ca.us/facilities.html	
South Gardena Park 1200 W. 170th Street Gardena, CA (310) 217-9563	Basketball, soccer, and tennis courts
http://ci.gardena.ca.us/facilities.html	
Thornburg Park 2320 W. 149th Street Gardena, CA (310) 217-9557	Handball, basketball, and baseball
http://ci.gardena.ca.us/facilities.html	
City Parks and Recreation-Harbor City	

Harbor City Park and Recreation Center CD 15 24901 Frampton Ave. Harbor City, CA 90710 (310) 548-7729	Landscape park
www.laparks.org/dos/parks/facility/harborcityPK.htm	
Ken Malloy Harbor Regional Park CD 15 25820 Vermont Ave. Harbor City, CA 90710 (310) 548-7728	Landscape park
www.laparks.org/dos/parks/facility/harborcityPK.htm	
City Parks and Recreation-Hawthorne	
Bicentennial Park 13110 S. Doty Ave. Hawthorne, CA 90254	Tennis courts
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Eucalyptus Park 12100 S. Inglewood Hawthorne, CA 90254	Basketball, tot lot, skatepark, wading pool, and walking path
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Glasgow Park 13500 Glasgow Place Hawthorne, CA 90254	Par course equipment, and walking path
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Holly Park 2058 W. 120th St. Hawthorne, CA 90254	Tot lot, pool, tennis courts, baseball, basketball, and croquet
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Holly Glen Park 5255 W. 137th St. Hawthorne, CA 90254	Tot lot, wading pool, tennis courts, and basketball
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Jim Thorpe Park 14100 S. Prairie Ave. Hawthorne, CA 90254	Tot lot, wading pool, tennis courts, basketball, handball, and baseball
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Larry Guidi Skatepark 12100 S. Inglewood Ave Hawthorne, CA 90254	
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	

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Memorial Park 3943 El Segundo Blvd. Hawthorne, CA 90254	Indoor Facilities, Tot Lot, Wading Pool, Lighted Tennis Courts, Basketball Courts, Boccie Courts, Par Course Equipment
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Ramona Park 4662 W. 136th St. Hawthorne, CA 90254	Tot lot, wading pool, horseshoe, shuffleboardm basketball, and croquet
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Senior Center 3901 W. El Segundo Blvd. Hawthorne, CA 90254	Senior activities
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
Zela Davis Park 3650 W. 133rd St. Hawthorne, CA 90254	Tot lot
http://www.cityofhawthorne.com/depts/publicworks/commsservices/park_locations/default.asp	
City Parks and Recreation-Hermosa Beach	
Clark Stadium 861 Valley Dr. Hermosa Beach, CA 90254 (310) 318-0239	Recreation area
www.hermosabch.org/departments/parks/facilities.html	
Community Center/Civic Center 710 Pier Ave. Hermosa Beach, CA 90254 (310) 318-0239	Recreation area
www.hermosabch.org/departments/parks/facilities.html	
Edith Rodaway Friendship Park Prospect Ave. and Hollowell Hermosa Beach, CA 90254 (310) 318-0239	Basketball court, picnic area
www.hermosabch.org/departments/parks/facilities.html	
Fort-Lots-o-Fun & Prosect School 6th St. & Prospect Ave. Hermosa Beach, CA 90254 (310) 318-0239	Recreation area
www.hermosabch.org/departments/parks/facilities.html	
Greenbelt/Trail Adjacent to Valley Dr. Hermosa Beach, CA 90254 (310) 318-0239	Hiking/Jogging trail

www.hermosabch.org/departments/parks/facilities.html

Noble Park 1400 The Strand Hermosa Beach, CA 90254 (310) 318-0239	Bike path, Open grass area
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www.hermosabch.org/departments/parks/facilities.html

South Park 425 Valley Dr. Hermosa Beach, CA 90254 (310) 318-0239	Playground, Afterschool programs, Multi-Purpose field
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www.hermosabch.org/departments/parks/facilities.html

Valley Park Valley Dr. and Gould Ave. Hermosa Beach, CA 90254 (310) 318-0239	Playground, picnic area
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www.hermosabch.org/departments/parks/facilities.html

City Parks and Recreation-Inglewood

Ashwood Park 201 South Ash Ave. Inglewood, CA 90301 (310) 412-5370	Tennis courts, basketball, volleyball court, and wading pool
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http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp

Center Park 3660 West 111th St. Inglewood, CA 90301 (310) 412-5391	Playground, and multi-purpose field
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http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp

Centinela Adobe Park 7634 Midfield Ave. Inglewood, CA 90301 (310) 649-6272	Museum
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http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp

Circle Park 8300 Fifth Ave. Inglewood, CA 90301 (310) 412-5391	
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http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp

Darby Park 3400 West Arbor Vitae St. Inglewood, CA 90301 (310) 412-5391	Playgrounds, tennis courts, paddle tennis, basketball, handball, softball, football, skate park and soccer
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http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp

Edward Vincent Park 700 Warren Lane Inglewood, CA 90301 (310) 412-5370	Playgrounds, tennis courts, basketball, softball, football, soccer,
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	and swimming pool
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
Grevillea Park 231 South Grevillea Ave. Inglewood, CA 90301 (310) 412-5504	
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
Lock haven Center 11125 Doty Ave. Inglewood, CA 90301 (310) 412-5391	Community center
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
North Park 625 East Hargrave St. Inglewood, CA 90301 (310) 412-5370	Playgrounds, and tennis courts
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
Queen Park 652 East Queen St. Inglewood, CA 90301 (310) 412-5370	Playground, and wading pool
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
Rogers Park 400 West Beach Ave. Inglewood, CA 90301 (310) 412-5504	Playground, tennis courts, basketball, baseball, soccer, football, and wading pool
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
Senior Citizens Center 111 North Locust Street Inglewood, CA 90301 (310) 412-5338	Community center
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
Siminski Park 9717 Inglewood Ave. Inglewood, CA 90301 (310) 412-5504	Playgrounds, basketball, and community center
http://www.cityofinglewood.org/depts/rec/recreation_and_cultural_services/park_facilities/default.asp	
City Parks and Recreation-Lawndale	
Jane Addams Park 15114 Firmona Ave. Lawndale, CA (310) 970-2188	Playgrounds, B=basketball courts, baseball fields, and horse shoe pits
http://www.lawndalecity.org/HTML/DEPTHTML/CSD/Parks.htm	

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Rogers-Anderson Park 4161 W. Manhattan Beach Blvd. Lawndale, CA	Playground, baseball field, basketball courts, soccer field
http://www.lawndalecity.org/HTML/DEPTHTML/CSD/Parks.htm	
William Green Park 4558 W. 168th St. Lawndale, CA (310) 371-6930	Playgrounds, baseball field, basketball courts, community room
http://www.lawndalecity.org/HTML/DEPTHTML/CSD/Parks.htm	
City Parks and Recreation-Lomita	
Hathaway Park 25600 Pennsylvania Ave. Lomita, CA 90717 (310) 325-7110	Recreation area
Lomita Recreation Center 24428 Eshelman Ave. Lomita, CA 90717 (310) 326-0140	Recreational sports
Veterans Park 25700 Walnut St. Lomita, CA 90717	
City Parks and Recreation-Long Beach	
Admiral Kidd Park 2125 Santa Fe Ave. Long Beach, CA (562) 570-1600	Basketball, baseball, playground, and soccer
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Alamitos Park 72nd Place & Ocean Blvd. Long Beach, CA (562) 570-3100	Playground
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Bayshore 14-54th Place Long Beach, CA (562) 570-1715	Playground, handball, and roller hockey rink
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Belmont Plaza Pool 4000 Olympic Plaza Dr. Long Beach, CA (562) 570-1806	Lap and recreation swim, and weight room
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	

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Birdcage Park Parkcrest St. & Knoxville Ave. Long Beach, CA (562) 570-3100 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Play equipment
Bixby Park 130 Cherry Ave. Long Beach, CA (562) 570-1601 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Community center, playground, mobile skate park, volleyball, and sports field
Bixby Knolls 1000 San Antonio Dr. Long Beach, CA (562) 570-1604 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Play equipment, volleyball courts, basketball courts
Bluff Park Ocean Blvd. between 20th & 36th Pl. Long Beach, CA (562) 570-3232 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Walking path
Bouton Creek Park Atherton St. & Litchfield Ave. Long Beach, CA (562) 570-3100 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Open field
California Recreation Center (McBride Park) 1550 Martin Luther King Ave. Long Beach, CA (562) 570-1605 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Basketball, game room, community center, gymnasium, playground, and weight room
Cesar E. Chavez Park 401 Golden Ave. Long Beach, CA (562) 570-8890 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Basketball, community center, playground, and weight room
Channel View Studebaker between 7th & Loynes Long Beach, CA (562) 570-3100 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Walking path
Cherry Park 1901 E. 45th St. Long Beach, CA (562) 570-1615 http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	Baseball, basketball, playground, soccer, tennis court, and volleyball

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College Estate Park 808 Stevely Ave. Long Beach, CA (562) 570-1617	Basketball, community center, playground, tennis court, volleyball, and sports field
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Colorado Lagoon 5119 E. Colorado St. Long Beach, CA (562) 570-1720	Play equipment, swim area
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Coolidge Park 352 E. Neece St. Long Beach, CA (562) 570-1618	Basketball, community center, playground, softball, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
DeForest Park 6255 DeForest Ave. Long Beach, CA (562) 570-1620	Basketball, community center, nature trail, playground, racquetball, softball, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Drake Park 951 Maine Ave. Long Beach, CA (562) 570-1625	Basketball, community center, handball/racquetball, playground, soccer, softball, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
El Dorado East Regional Park 7550 E. Spring St. Long Beach, CA (562) 570-1771	Archery, bicycle trails, nature center, fitness course, fishing lake and playgrounds
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
El Dorado Park West 2800 Studebaker Rd. Long Beach, CA (562) 570-3225	Baseball, basketball, community center, roller hockey rink, skate park, soccer, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	

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Fourteenth Street Playground 14th Street & Chestnut Ave. Long Beach, CA (562) 570-8890	Play equipment, Soccer field
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Heartwell Park 5801 E. Parkcrest St. Long Beach, CA (562) 570-1635	Baseball, basketball, community center, playground, roller hockey rink, soccer, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Houghton Park 6301 Myrtle Ave. Long Beach, CA (562) 570-1640	Baseball, basketball, community center, playground, soccer, softball, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Hudson Park 2335 Webster Ave. Long Beach, CA (562) 570-3150	Baseball field, Soccer field
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Jackson Park Jackson St. & Walnut Ave. Long Beach, CA (562) 570-3100	Play equipment
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Lilly Park Lilly Ave. & El Dorado Dr. Long Beach, CA (562) 570-3100	Play equipment
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Lincoln Park Pacific Ave. & Broadway St. Long Beach, CA (562) 570-3100	Walking path
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Livinston Drive Playground Livingston Sr. & Park Ave. Long Beach, CA (562) 570-3100	Play equipment
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Long Beach Senior Center 1150 E. 4th St. Long Beach, CA (562) 570-3500	Senior activities

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http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp

Los Altos Park Stearns St. & Montair Ave. Long Beach, CA (562) 570-1685	Play equipment, and sports field
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Los Altos Plaza Park Los Altos Plaza & Anaheim Rd. Long Beach, CA (562) 570-3126	Play equipment
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Los Cerritos Park 3750 Del Mar Ave. Long Beach, CA (562) 423-7924	Play equipment and tennis courts
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
MacArthur Park 1321 Anaheim St. Long Beach, CA (562) 570-1655	Ball field, basketball, community center, volleyball, playground, and sports field
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Marina Vista Colorado St. & Santiago Long Beach, CA (562) 570-1732	Soccer, softball, and play equipment
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Martin Luther King Jr. Park 1950 Lemon Ave. Long Beach, CA (562) 570-4405	Community center, handball/racquetball, playground, soccer field, swimming pool and softball field
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Martin Luther King Jr. Park Pool 1105 19th St. Long Beach, CA (562) 570-1718	Lap and recreation swim
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Miracle on 4th Street Park 1518 E. Fourth Long Beach, CA (562) 570-1786	Play equipment
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Orizaba Park Orizaba Ave. & Spaulding St. Long Beach, CA (562) 570-8688	Basketball, playground, and skate park

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http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp

Pan American Park 5157 Centralia St. Long Beach, CA (562) 570-1660	Basketball, gym, handball/racquetball, playground, soccer, volleyball, and softball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Ramona Park 3301 E. 65th St. Long Beach, CA (562) 570-1665	Baseball, basketball, community center, playground, soccer, softball, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Recreation Park 4900 E. Seventh St. Long Beach, CA (562) 570-1670	Baseball, community center, dog park, lawn bowling, playground, and tennis courts
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Rose Park 8th & Orizaba Long Beach, CA (562) 570-3232	Walking path
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Scherer Park 4600 Long Beach Long Beach, CA (562) 570-1674	Basketball, community center, playground, tennis courts, volleyball, and weight room
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Silverado Park 1545 W. 31st St. Long Beach, CA (562) 570-1675	Baseball, basketball, community center, gym, playground, softball, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Silverado Park Pool 1450 W. 32nd Long Beach, CA (562) 570-1721	Lap and recreation swim
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Somerset Park 1500 E. Carson Long Beach, CA (562) 570-1690	Basketball, community center, playground, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	

Stearns Champions Park 4520 E. 23rd St. Long Beach, CA (562) 570-1685	Basketball, baseball, community center, playground, and soccer
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Veterans Park 101 E. 28th St. Long Beach, CA (562) 570-1695	Basketball, baseball, community center, playground, soccer, tennis court, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Wardlow Park 3457 Stanbridge Ave. Long Beach, CA (562) 570-1705	Basketball, baseball, community center, playground, soccer, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
Whaley Park 5620 Atherton St. Long Beach, CA (562) 570-1710	Baseball, basketball, community center, playground, and volleyball
http://www.longbeach.gov/park/parks_and_open_spaces/parks/default.asp	
City Parks and Recreation-Manhattan Beach	
Bruce's Beach Highland and 27th Street Manhattan Beach, CA 90266	Basketball
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=376	
Eighth Street Parquette 1700 Eighth Street Manhattan Beach, CA 90266	Play equipment
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=368	
Larsson Street Parquette 200 Larson St. Manhattan Beach, CA 90266	Play equipment and basketball
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=369	
Live Oak Park 1901 Valley Drive Manhattan Beach, CA 90266	Play area, tennis courts, basketball, multi-purpose field, and community building
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=370	

Manhattan Heights Park 1600 Manhattan Beach Blvd. Manhattan Beach, CA 90266	Athletic field, community center, tennis court, paddle tennis, basketball, volleyball, and children's play area
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=371	
Manhattan Village Field 1300 Parkview Ave. Manhattan Beach, CA 90266	Soccer and play area
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=372	
Marine Ave Park 1625 Marine Ave. Manhattan Beach, CA 90266	Baseball, soccer, basketball, exercise area, and racquetball
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=373	
Marine Sports Park 1600 Marine Ave. Manhattan Beach, CA 90266	Baseball, and soccer
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=374	
Poliwog Park Redondo Ave. and Manhattan Beach Blvd. Manhattan Beach, CA 90266	Play are, multi- purpose field, and exercise course
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=377	
Veterans Parkway Valley Dr. and Ardmere Manhattan Beach, CA 90266	Jogging trail
http://www.ci.manhattan-beach.ca.us/Index.aspx?page=379	
City Parks and Recreation-Rancho Palos Verdes	
Clovercliff Park 28801 Golden Meadow Drive Rancho Palos Verdes, CA (310) 377-1222	Hiking and walking trails
http://www.palosverdes.com/rpv/recreationparks/Clovercliff/index.cfm	
Del Cerro Park #2 Park Place Rancho Palos Verdes, CA (310) 377-1222	Hiking and walking trails
http://www.palosverdes.com/rpv/recreationparks/DelCerro/index.cfm	

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Eastview Park 1700 Westmont Ave. Rancho Palos Verdes, CA	Hiking and walking trails
http://www.palosverdes.com/rpv/recreationparks/Eastview/index.cfm	
Fred Hesse Jr. Community Park 29301 Hawthorne Blvd. Rancho Palos Verdes, CA (310) 541-8114	Hiking and walking trails
http://www.palosverdes.com/rpv/recreationparks/FredHesseJrCommunity/index.cfm	
Founders Park One Ocean Trails Drive Rancho Palos Verdes, CA	Biking and walking trails
http://www.palosverdes.com/rpv/recreationparks/Founders/index.cfm	
Ladera Linda Community Center 32201 Forrestal Drive Rancho Palos Verdes, CA (310) 541-7073	Paddle tennis courts, tot lot, playground and basketball court.
http://www.palosverdes.com/rpv/recreationparks/LaderaLindaCommunityCenter/index.cfm	
Point Vicente 31501 Palos Verdes Drive West Rancho Palos Verdes, CA (310) 377-5370	Whale watch site
http://www.palosverdes.com/rpv/recreationparks/PointVicenteInterpretiveCenter/index.cfm	
Robert Ryan Community Park 30359 Hawthorne Blvd. Rancho Palos Verdes, CA (310) 377-2290	Tot lot, playground, picnic areas with barbecues, grassy fields, and a baseball diamond
http://www.palosverdes.com/rpv/recreationparks/RobertERyanCommunity/index.cfm	
City Parks and Recreation-Redondo Beach	
Alta Vista Park 801 Camino Real Redondo Beach, CA	Multi-purpose field, community center, tennis, and racquetball
http://www.redondo.org/depts/public_works/parks/default.asp	
Anderson Park 2229 Ernest Redondo Beach, CA	Play equipment, senior center, basketball, and tennis
http://www.redondo.org/depts/public_works/parks/default.asp	

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Andrews Park 1800 Rockefeller Lane Redondo Beach, CA	Play equipment
http://www.redondo.org/depts/public_works/parks/default.asp	
Aviation Park 1935 Manhattan Beach Blvd. Redondo Beach, CA	Play equipment, performing arts center, track and field
http://www.redondo.org/depts/public_works/parks/default.asp	
Dominguez Park 200 Flagler Redondo Beach, CA	Dog park, bicycle trail, baseball field, and play equipment
http://www.redondo.org/depts/public_works/parks/default.asp	
Franklin Park 850 Inglewood Ave. Redondo Beach, CA	Play equipment, community center, basketball courts, and multi-purpose room
http://www.redondo.org/depts/public_works/parks/default.asp	
Hopkins Wilderness Park 1102 Camino Real Redondo Beach, CA (310) 318-0668	Nature trails, camping
http://www.redondo.org/depts/public_works/parks/default.asp	
Lilienthal Park 2400 190th Street Redondo Beach, CA	Play equipment
http://www.redondo.org/depts/public_works/parks/default.asp	
Perry Park 2301 Grant Redondo Beach, CA	Teen center, senior center, sportsfield, basketball, and play equipment
http://www.redondo.org/depts/public_works/parks/default.asp	
Seaside Lagoon 200 Portofino Way Redondo Beach, CA	Swimming, play equipment
http://www.redondo.org/depts/public_works/parks/default.asp	
Veterans Park 309 Esplanade Redondo Beach, CA	Play equipment, senior center
http://www.redondo.org/depts/public_works/parks/default.asp	
City Parks and Recreation-San Pedro	

Bogdanovich Recreation Center CD 15 1920 Cumbre Drive San Pedro, CA 90732 (310) 548-7590	Auditorium, baseball, basketball, football, soccer, and gym
http://www.laparks.org/dos/reccenter/facility/bogdanovichRC.htm	
Leland Recreation Center CD 15 863 S. Herbert Ave. San Pedro, CA 90731 (310) 548-7590	Baseball, basketball, volleyball, adult fitness, hiking trail, jogging path, and multi-purpose room
http://www.laparks.org/dos/reccenter/facility/lelandRC.htm	
Peck Park Community Center CD 15 560 N. Western Ave. San Pedro, CA 90732 (310) 548-7580	Auditorium, baseball diamond, basketball courts, football field, volleyball courts, bike path, hiking trail, and jogging trail
www.laparks.org/dos/reccenter/facility/peckParkComCtr.htm	
City Parks and Recreation-Signal Hill	
Discovery Well Park 2200 Temple Ave. Signal Hill, CA	Basketball courts, playground
http://www.cityofsignalhill.org/index.aspx?nid=143	
Hillbrook Park 1865 Temple Ave. Signal Hill, CA	Playground
http://www.cityofsignalhill.org/index.aspx?nid=143	
Hilltop Park 2351 Dawson Signal Hill, CA	Barbecue areas, picnic tables
http://www.cityofsignalhill.org/index.aspx?nid=143	
Reservoir Park 3315 Gundry Ave. Signal Hill, CA (562) 989-7330	Playground
http://www.cityofsignalhill.org/index.aspx?nid=143	
Signal Hill Park 1780 E. Hill St. Signal Hill, CA	Basketball courts, community room, playground
http://www.cityofsignalhill.org/index.aspx?nid=143	

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Sunset View Park 2300 Skyline Drive Signal Hill, CA	Seating and views
http://www.cityofsignalhill.org/index.aspx?nid=143	
Temple Viewpoint Park 2271 Temple Ave. Signal Hill, CA	Seating area with easterly view
http://www.cityofsignalhill.org/index.aspx?nid=143	
City Parks and Recreation-Torrance	
Alta Loma Park 26126 Delos Drive Torrance, CA (310) 618-5982	Basketball, and play equipment
www.ci.torrance.ca.us/Parks/4723.htm	
Charles H. Wilson Park 2200 Crenshaw Blvd. Torrance, CA (310) 618-5982	Softball, basketball, horseshoe court, volleyball, tennis courts, roller hokey rink, skateboard park, batting cages, indoor sports center, and fitness course
http://www.torranceca.gov/Parks/22200.htm	
Columbia Park 4045 190th Street Torrance, CA (310) 618-5982	Softball, soccer, fitness course, horseshoe courts, and volleyball
www.ci.torrance.ca.us/Parks/4723.htm	
Delthorne Park 3401 Spencer Street Torrance, CA (310) 618-5982	Basketball, play equipment, and fitness course
http://www.torranceca.gov/Parks/4729.htm	
De Portola Park 25615 Lazy Meadow Drive Torrance, CA (310) 618-5982	Softball, basketball, volleyball, and play equipment
www.ci.torrance.ca.us/Parks/4723.htm	
Descanso Park 2500 Descanso Way Torrance, CA (310) 618-5982	Softball, play equipment, and fitness course

<http://www.torranceca.gov/Parks/4727.htm>

Discovery Park Ocean & 226th Street Torrance, CA (310) 618-5982	Play equipment
www.ci.torrance.ca.us/Parks/4723.htm	
El Nido Park 18301 Kingsdale Ave. Torrance, CA (310) 618-5982	Softball, soccer, basketball, and play equipment
http://www.torranceca.gov/Parks/4727.htm	
El Retiro Park 126 Vista del Parque Torrance, CA (310) 618-5982	Basketball, tennis courts, and play equipment
www.ci.torrance.ca.us/Parks/4723.htm	
Entrado Park 5500 Towers Street Torrance, CA (310) 618-5982	Softball, basketball, and play equipment
http://www.torranceca.gov/Parks/4725.htm	
Greenwood Park 1520 Greenwood Ave. Torrance, CA (310) 618-5982	Basketball, and play equipment
http://www.torranceca.gov/Parks/4729.htm	
Guenser Park 17800 Gramercy Place Torrance, CA (310) 618-5982	Softball, basketball, horseshoe court, and fitness course
http://www.torranceca.gov/Parks/4727.htm	
Hickory Park 2850 232nd Street Torrance, CA (310) 618-5982	Tennis court, volleyball, and play equipment
http://www.torranceca.gov/Parks/4729.htm	
La Carretera Park 2040 186th Street Torrance, CA (310) 618-5982	Softball, basketball, and play equipment
http://www.torranceca.gov/Parks/4727.htm	

La Paloma Park Lomita Blvd. and Anza Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4723.htm	Play equipment
Lago Seco Park 3920 235th Street Torrance, CA (310) 618-5982 www.ci.torrance.ca.us/Parks/4723.htm	Softball, basketball, play equipment, and fitness course
La Romeria Park 19501 Inglewood Ave. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4725.htm	Softball, basketball, tennis court, horseshoe courts, and play equipment
Los Arboles "Rocketship" Park 5101 Calle de Ricardo Torrance, CA (310) 618-5982 www.ci.torrance.ca.us/Parks/4723.htm	Play equipment
McMaster Park 3624 Artesia Blvd. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4727.htm	Softball, basketball, and play equipment
Madronna Marsh Nature Center & Preserve 3201 Plaza Del Amo Torrance, CA (310) 782-3989 www.ci.torrance.ca.us/Parks/4723.htm	Nature walking trail
Miramar Park 201 Paeo de la Playa Torrance, CA (310) 618-5982 www.ci.torrance.ca.us/Parks/4723.htm	Walking trail, ocean view
Osage Park 17008 Osage Ave. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4727.htm	Play equipment

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Paradise Park 5006 Lee Street Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4725.htm	Tennis courts, and play equipment
Pequeno Park Regina Ave. and 180th St. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4727.htm	Play equipment
Pueblo Recreation Center 2252 Del Amo Blvd. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4729.htm	Basketball and play equipment
Sunnyglen Park 5525 Del Amo Blvd. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4725.htm	Softball, basketball, play equipment, and fitness court
Sur La Brea Park 23610 Cabrillo Ave. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4729.htm	Softball, basketball, tennis courts, play equipment, and fitness course
Torrance Park 2001 Santa Fe Ave. Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4729.htm	Baseball, basketball, and play equipment
Victor Park 4727 Emerald Street Torrance, CA (310) 618-5982 http://www.torranceca.gov/Parks/4725.htm	Softball, basketball, horseshoe court, tennis court, and play equipment
Walteria Park 3855 242nd Street Torrance, CA (310) 618-5982	Basketball, softball diamond, play equipment, fitness path, and horseshoe court

<http://www.torranceca.gov/Parks/4723.htm>

City Parks and Recreation-Wilmington	
Banning Recreation Center CD 15 1331 Eubank Street Wilmington, CA 90744 (310) 548-7776	Auditorium, baseball, basketball, play area, gym, tennis courts, horseshoe pit, and jogging path
www.laparks.org/dos/reccenter/facility/banningRC.htm	
Harbor Sports Center CD 15 1221 N. Figueroa Place Wilmington, CA 90744 (310) 548-7728	Baseball, play area, football, pool, soccer, and tennis courts
www.laparks.org/dos/reccenter/facility/danFharSC.htm	
Wilmington Recreation Center CD 15 325 Neptune Ave. Wilmington, CA 90744 (310) 548-7645	Auditorium, baseball, basketball, community room, soccer, play area, skate park, horseshoe pit, and after school club
www.laparks.org/dos/reccenter/facility/wilmingtonRC.htm	
Wilmington Senior Citizen Center CD 15 1371 Eubank Street Wilmington, CA 90744 (310) 518-4533	Auditorium, baseball diamond (lighted), basketball courts (lighted/Indoor, unlighted/outdoor), childrens play area, indoor gym (without weights) and tennis courts
www.laparks.org/dos/senior/facility/wilmingtonSCC.htm	
Other Parks	
Name	Description of activity
Address	
Phone Number	
Non-Profit Organizations	
Boys & Girls Club of Carson 21502 Main St. Carson, CA 90745 (310) 549-7311	Sports, fitness center, cheerleading
http://www.bgccarson.org/	
Boys & Girls Club of Harbor City 1220 West 256th Street Harbor City, CA 90710 (310) 534-0056	Basketball, Soccer, Flag Football

www.southbayclubs.org	
Boys & Girls Club of Harbor Gateway 802 Gardena Blvd. Gardena, CA 90247 (310) 534-7138	Gym, Indoor Hockey, Flag Football, Basketball
www.southbayclubs.org	
Boys & Girls Club Port Branch 100 5th Street San Pedro, CA 90731 (310) 833-5235	Team sports
http://www.bgclaharbor.org/	
Boys & Girls Club of San Pedro 1200 S. Cabrillo Ave. San Pedro, CA 90732 (310) 833-1322	Team Sports
http://www.bgclaharbor.org/who.htm	
Boys & Girls Club of Wilmington 1444 W Q Street Wilmington, CA 90732 (310) 833-8323	Team Sports
http://www.bgclaharbor.org/	
Centinela Valley YMCA 4081 W. El Segundo Blvd. Hawthorne, CA 90250 (310) 644-7600	Basketball, Aerobic Studio, Fitness Equipment, Free Weights, Poo
http://www.ymcala.org/	
Downtwon Community Development Branch YMCA 225 E 6th St. Long Beach, CA 90802 (562) 436-9622	Swimming, Martial Arts, Mighty Mini Sports, and Youth Basketball
http://www.lbymca.org/	
Gardena-Carson Family YMCA 1000 W. Artesia Blvd. Gardena, CA 90248 (310) 523-3470	Group exercise, senior activities, basketball, swim lessons, water exercise
http://www.ymcala.org/gardena/	
Fairfield Club/Boys & Girls Club 700 East Del Amo Blvd. Long Beach, CA 90807 (562) 428-9188	Baseball, Flag Football, Basketball, Soccer, Track And Field
www.bgclublb.org	
Fairfield Family Branch YMCA 4949 Atlantic Ave. Long Beach, CA 90805 (562) 423-0491	Pool, Group Exercise Classes, Fitness Equipment, Youth

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	Sports
http://www.lbymca.org/fairfield/	
Inglewood Family YMCA 333 North Prairie Ave. Inglewood, CA 90008 (310) 671-7615	Basketball, Group Exercise, Fitness Equipment, Free Weights, Pool
http://www.ymcala.org/	
Los Altos Family Branch YMCA 1720 N. Bellflower Blvd. Long Beach, CA 90815 (562) 596-3394	Pool, Group Exercise Classes, Fitness Equipment
http://www.lbymca.org/losaltos/	
Los Cerritos Branch YMCA 15530 Woodruff Ave. Bellflower, CA 90706 (562) 925-1292	Pool, Fitness Center
http://www.lbymca.org/	
Petrolane Club/Boys & Girls Club 1920 Lemon Ave. Long Beach, CA 90806 (562) 599-2916	Baseball, Flag Football, Basketball, Soccer, Track And Field
www.bgclublb.org	
San Pedro & Peninsula YMCA 301 S. Bandini St. San Pedro, CA 90505 (310) 832-4211	Pool, Fitness Center, Gymnasium, Fitness Equipment, Flag Football, Indoor Soccer
http://www.ymcala.org/sanpedro	
South Bay YMCA 2900 W. Sepulveda Blvd. Torrance, CA 90505 (310) 325-5885	Ballet room dancing, indoor soccer, rock climbing, open gym, youth volleyball, youth boxing
http://www.ymcala.org/torrancesouth/	
Weingart-Lakewood Family Branch YMCA 5835 Carson St. Lakewood, CA 90713 (562) 425-7431	Pool, Gymnasium, Roller Hockey Rink, Racquetball, Free Weights, Fitness Equipment, Youth Sports, Adult Sports
http://www.lbymca.org/lakewood/	

Westside Club/Boys & Girls Club 1835 West Willard Long Beach, CA 90810 (562) 4235-1621	Baseball, Flag Football, Basketball, Soccer, Track And Field
www.bgclublb.org	
Other Groups	
South Los Angeles Health Projects WIC Program 2930 W Imperial Hwy Suite 601 Inglewood, CA 90303 323-757-7244 x229 (310) 661-3080	Nutrition and health education, breastfeeding support, food vouchers, and referrals to community resources Target Audience: low-income, pregnant, postpartum and breastfeeding women, infant and children up to age five. No Cost
hkent@slahp.org	